

# Central Region Development Program Policy Document – 2010

## 1. Roles within the Central Region Development Subcommittee

The Central Region Development Subcommittee will consist of:

- i. A Program manager/ registrations officer / convenor - Administration.
- ii. A Registrations officer - Distribution
- iii. A Coaching Coordinator, FFT representative & Interregional Liaison Officer

## 2. Selection Process for Coaches

- a. Expressions of interest for coaching positions will be called for via the FFT and Central Region Websites, with an email to delegates and an email to participating schools and clubs by the end of January with all appointments made the end of March.
- b. All applicants will be asked to provide one A4 page addressing the position description, a shortlist drawn up and interviews will take place. Note: strong communication skills will be a prerequisite. The interview panel will comprise of members of the Central Region Development Subcommittee.
- c. The coach should:
  - i. Hold a Junior Licence
  - ii. Hold, or be working towards, a Youth Licence
  - iii. Hold a current police check/safety screen to work with children prior to working with the team.
- d. Should no one apply to coach a team at a particular year level then the Central Region Development Subcommittee will approach a suitable person to be the coach.

## 3. Player Selection

- a. Expressions of interest will be via the web (or form on the day). Ideally, the first training session should commence 2 weeks after the start of the season.
- b. To be eligible to apply for a Central Region Development Team the nominating player must be a registered FFA player and attend primary school. In addition, nominated players may be selected if the following criteria are met;
  - i. They reside within Central Region, or
  - ii. attend school in Central Region, or
  - iii. play in a Central Region Roster competition.
- c. CRJSA players must not be playing for another regional team at the same time as playing for a CRJSA development team.
- d. All players must play in their correct age group level in CRJSA Development squads.  
i.e. players can not play above or below age group in development program teams.

- e. Four weeks of trials will be conducted at each level for both boys and girls. All players who have expressed an interest will have the opportunity to attend the entire 4 weeks of trials.
- f. **Where possible** the following teams will be selected for both boys and girls.
  - i. U9 - even teams
  - ii. U10 - a regional and a development team (i.e. A and B)
  - iii. U11 - a regional and a development team (i.e. A and B)
  - iv. U12 - a regional and a development team (i.e. A and B)
- g. Teams will consist of:
  - i. U9 - 7 A-side therefore each team will have a maximum of 10 players
  - ii. U10 - 9 A-side therefore each team will have a maximum of 12 players
  - iii. U11 - 9 A-side therefore each team will have a maximum of 12 players
  - iv. U12 - 11 A-side therefore each team will have a maximum of 15 players
- h. By the end of the 4<sup>th</sup> week of trials the Central Region Regional and Development teams will be notified. Selected players will be handed (or emailed in the following week) a form letter to fill in detailing the program, when training will be held, when matches will take place, uniform requirements, the cost of the program and how payments can be made. However, match information may not be available at that time depending on the progress of all regions with their teams.
- i. All selected players in both the Regional and Development teams will participate in:
  - i. the initial 4 weeks of trials,
  - ii. Up to 4 "regional" games. Where possible, held back to back to encourage interaction between boys and girls at each year level, and
  - iii. Play in the Hobart Cup and Launceston Cup games.
- j. Both the Regional and Development team at each level should have the opportunity to play in the Launceston Cup. If there is to be only one team then this team will consist of the best performing players in the Hobart Cup according to ability, performance on the day and availability.

#### 4. Training Guidelines

- a. Development coaches will predominantly decide when training will take place around their own availability. Preference should be given for when the majority of players are available. Coaching times will need to be made available prior to the trials, team selection and training commencing to indicate the preferred training time so that players and their parents can check their availability before making a commitment to the program. Any changes would only be possible with the mutual consent of the Central Region Development Subcommittee, the coach and the players.

## 5. Playing Kit

- a. In 2010, the cost to players of being involved in the Central Region Development Program is \$40 for continuing players and \$55 for new players. This figure will be reviewed annually in conjunction with the Central Region budget.
- b. Upon selection in the development team and having paid the associated fee, will be given a polo shirt, and socks. New players (and continuing players in 2010) will be given a full kit, consisting of polo shirt, shorts and socks. Where possible the playing kit will remain unchanged from year to year to reduce costs to the program and unnecessary duplication of kit in large households. Playing strips will be provided by and maintained by the region.
- c. The tracksuit will be an optional extra and will incur an additional cost.

## 6. Playing Program for Regional Games

- a. Commonality of program should be strived for at each year level and between the sexes.
- b. Equity between the boys and girls programs and between the various year levels should be achieved so that program cost to players is both fair and equitable.
- c. The playing schedule should be:
  - i. U9 and U10 - maintain the current U9 boy's format for both boys and girls of round robins over 2 weekends.
  - ii. Central Region U11 and U12 matches should occur over 4 weekends with both boys and girls of the same year level playing at the same venue. The opponents will be:
    1. Northern Region - 1 home game and 1 away game
    2. Eastern Region - 1 home game and 1 away game
- d. One Central Region Development Subcommittee member should be the main point of contact with the other development subcommittees from Northern and Eastern regions and set the playing roster, thereby improving the communication within the development program and reducing the load on the various coaches. The roster will then be communicated to all development coaches via email as well as being placed on the Central Region web page.
- e. Venues that can easily cope with multiple games will be preferred. For example, Edgeworth Park and Soldier's Memorial Oval.

## 7. Remuneration for Coaches

- a. U9 and U10 Central Region coaches will be required to make a commitment from the end of March until the end of August (5 months)
- b. U11 and U12 Central Region coaches will be required to make a commitment from the end of March until the end of September (6 months)
- c. Coaches at each year level will participate in:
  1. player selection / trials (U9, U10, U11, U12)
  2. training in between matches (U9, U10, U11, U12)
  3. round robin / inter regional games (U9, U10, U11, U12) \$300
  4. Devonport Cup (June) (U10, U11, U12) \$200
  5. Hobart Cup (September) (U10, U11, U12) \$100
  6. Launceston Cup (September) (U10, U11, U12) \$200
- d. Remuneration is to be split between the coaches at each year level. The Central Region Development Subcommittee will strongly discourage one coach trying to run several teams on their own within a year level, or across year levels, in order to receive a greater financial gain. The coaches of each team will share:
  1. player selection / trials (U9, U10, U11, U12)
  2. training in between matches (U9, U10, U11, U12)
  3. round robin / inter regional games (U9, U10, U11, U12) \$300
  4. Devonport Cup (June) (U10, U11, U12) \$200
  5. Hobart Cup (September) (U10, U11, U12) \$100
  6. Launceston Cup (September) (U10, U11, U12) \$200
- e. Remuneration of the team manager will take place as follows:
  - i. U9, U10 an honorarium of \$100
  - ii. U11, U12 an honorarium of \$150This sum will be in addition to the remuneration received by the coaches at each level.
- f. All payments will be made directly by Central Region Junior Soccer Association in:
  - i. U9, U10 August
  - ii. U11, U12 September

## 8. Coaching resources

The Coaching Coordinator in conjunction with the Central Region Development subcommittee will issue coaches with the appropriate resources.

Each coach will receive:

- i. One (1) ball per player
- i. Up to two (2) ball bags
- ii. A small hand pump to inflate balls
- iii. 50 dome markers
- iv. Three (3) sets of ten (10) coloured bibs

## **9. Equipment for coaches**

This is to be stored centrally by the Head Coach, labelled and redistributed at the start of each year so as to build up resources in the development program. At the end of the playing period (September) coaches are to return the equipment to the Head Coach for repair and storage for the following season.

## **10. First Aid and Safety**

- i. Each coach will be supplied with a basic First Aid Kit (in a hard container) and an ice pack.
- ii. St John's Ambulance should be encouraged for round robins and the cost should be split between the regions.

## **11. Increasing awareness of the program**

- i. Email all club / school delegates
- ii. The Central Region Website should include:
  1. What is the development program about? An accurate description is required to help inform parents and potential players. Northern Region have a terrific site
  2. A form for the expression of interest by coaches online.
  3. A list of who are the coaches at each year level and their contacts.
  4. A form for registration to be made online as well as a printable flyer that can be distributed to schools, players etc. (necessary down south)
  5. The various trial times, training venues and times at each year level.

## **12. Social Functions between the year levels.**

There should be one social function per year level to foster friendships. The date should be set at the start of the season.

Suggest: early October to avoid school / club presentations.

- i. U9 boys and girls together
- ii. U10 boys and girls together
- iii. U11 boys and girls together
- iv. U12 boys and girls together